

## Immunization Information

RHMi cannot tell you which shots you should or should not get. The two things you must have are **Yellow Fever and Malaria**. It is stated on the visa application that the Yellow Fever vaccination is now required to enter Tanzania. The other vaccinations are recommended by the international travel clinics.

Below are the prices for the vaccinations from the Jefferson County Health Department as of Sept. 2008. If you would like to get your vaccinations from the Health Dept. you need to set an **appointment with the Travel Clinic**. Their number is 930-1034. Do not wait until the last minute to get shots, because the Travel Clinic appointments can fill up and they may even run out of the vaccination you need.

There are **various travel clinic** around town where you can get vaccinations, you do not have to go to the Jefferson County Health Dept. Additional information can be obtained at :  
[www.mdtravelhealth.com](http://www.mdtravelhealth.com)

### Required Immunizations and medication

Yellow Fever (10 yrs)	\$72.00
Malaria medication	prescription

### Other recommended Immunizations:

Tetanus (10 years)	\$22.00	
Meningitis (3 years)	\$111.00	
Typhoid tablets (5 years)	\$51.00	You need to take two weeks before you leave. You may get a little sick from the side effects.

Hepatitis A/B combovac (life) \$103.00 per shot. Series of three shots. First one should be give 2 months before trip.

Polio Booster (life)	\$28.00
Measles Booster (life)	\$58.00

**\*\* The Health Dept. does charge an administration fee of \$17.00 and \$11.00 to administer the shot. (I am not sure if that is \$11.00 for each shot or not).** Just be aware that there are some additional fees.

Malaria Medications: It has been recommend to us that **Malarone** is the better malaria medication to take. **It has less side effects**. The other prescription given is Larium. Your local pharmacies should be able to get your prescription filled.

**These prices may have changed. This information was from approx 2009**